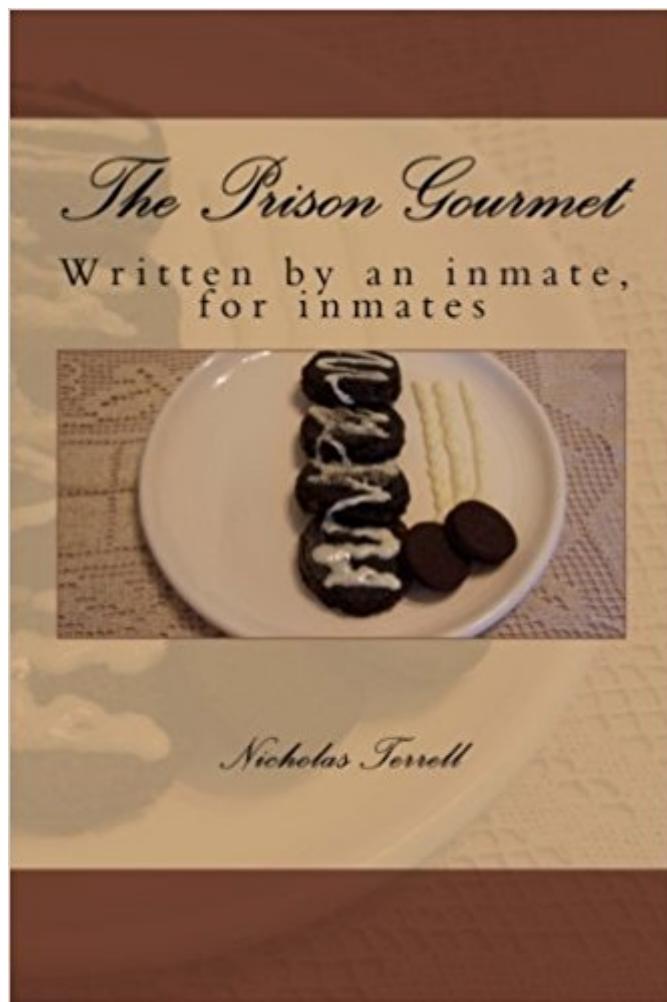


The book was found

# The Prison Gourmet: Written By An Inmate, For Inmates?.



## **Synopsis**

This is a cookbook for inmates, written by an inmate. Something to remind them there is more than just prison food. Something to remind them of home. From Chocolate Cake Supreme to Peanut Butter Caramel Popcorn, everyone deserves a taste of home.

## **Book Information**

Paperback: 28 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (May 22, 2016)

Language: English

ISBN-10: 153341193X

ISBN-13: 978-1533411938

Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #275,564 in Books (See Top 100 in Books) #23 in Books > Cookbooks, Food & Wine > Cooking Methods > Microwave Cooking

## **Customer Reviews**

Nicholas Terrell was born and raised in Chicago. He learned at an early age to cook from watching his mother. She explained to him how to understand recipes. How they work. Why they work. And what goes well together on the palate. He soon started creating his own recipes using the 'templates' she taught him. He learned to swap one ingredient for another, change a cooking method, and how to combine flavors to achieve an even better dish than the original. In high school he decided he wanted to become a chef, own a business, have a family. But his family moved to the Detroit Area and at the age of 18 he was involved in a crime which sent him to prison for 3 years. But being incarcerated did not destroy his desire to succeed. It fueled his quest to help. Help others in the system try to have a little reminder of home. This book is a testament to the desire to excel. An inclination to never give up. The devotion to help others. And his passion for food.

Good book. Recipes are useful for family member. The recipes with protein are especially useful.

A wonderful opportunity and a lovely cook book!

I sent this to a friend and unfortunately it calls for a microwave of which is not available to any prison

inmate that I know of.

Everything was as stated.

She said it's much better then the others

Recipient was happy to receive the book as another way to to survive in a creative, do it yourself way. Book arrived in time frame as promised and condiction was as described.

[Download to continue reading...](#)

The Prison Gourmet: Written by an inmate, for inmates?. Serving Productive Time: Stories, Poems, and Tips to Inspire Positive Change from Inmates, Prison Staff, and Volunteers Inmate 1142980 Workbook: Prison Prevention Guide The Gourmet Girls Go Camping Cookbook: Amazing Meals Straight from Your Campfire (Gourmet Girls on Fire Cookbook Series 1) Creative Snacks, Meals, Beverages and Desserts You Can Make Behind Bars:: A Cookbook for Inmates (and others on a tight budget) looking to put the fun back into food Asylums: Essays on the Social Situation of Mental Patients and Other Inmates The Persecution and Assassination of Jean-Paul Marat As Performed by the Inmates of the Asylum of Charenton Under the Direction of The Marquis de Sade (or Marat Sade) Turning the Tables: From Housewife to Inmate and Back Again Hosoi: My Life as a Skateboarder Junkie Inmate Pastor Hosoi (Enhanced Edition): My Life as a Skateboarder Junkie Inmate Pastor ATHAR - A Holocaust Memoir: In a concentration camp for Jewish criminals, the youngest inmate tells the camp's story. (World War 2) The Written Works Of Graeme Edge: The Written Works of Graeme Edge Nahuatl as Written: Lessons in Older Written Nahuatl, with Copious Examples and Texts (Nahuatl studies series ;) The HCG Diet Gourmet Cookbook: Over 200 "Low Calorie" Recipes for the "HCG Phase" The Gluten-Free Gourmet Cooks Comfort Foods: Creating Old Favorites with the New Flours The Gluten-Free Gourmet: Living Well without Wheat, Revised Edition The Gluten-free Gourmet Makes Dessert: More Than 200 Wheat-free Recipes for Cakes, Cookies, Pies and Other Sweets Barbecues & Outdoor Kitchens: Fresh Design for Patio Living, Complete Guide to Construction, Simple Grills and Gourmet Kitchens Ugly Little Greens: Gourmet Dishes Crafted From Foraged Ingredients Recipes for Change: Gourmet Wholefood Cooking for Health and Vitality at Menopause

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help